



ASTHMA FACTS

- Asthma is a chronic disease that can be controlled.
- Approximately 22 million people in the United States have asthma. Of the entire population, about nine million children have been diagnosed with asthma.
- In 2005, according to the Indiana BRFSS approximately 415,000 adults and 125,000 children reported that they suffer from asthma.
- Unmanaged asthma can result in death. In 2005, 85 deaths were due to asthma in Indiana.
- Many triggers may complicate asthma. Triggers include secondhand smoke, perfume, cockroaches, pet dander and environmental changes.

The Asthma Alliance of Indianapolis: **Awareness • Education • Support**

- Do you or your child have asthma?
- Is the asthma under control?
- Is your home asthma friendly?

If you answered yes to any of these questions, then the Asthma Alliance of Indianapolis (AAI) is here to help you or your child take control of asthma.

Since 2002, the AAI has provided education, training and resources to over 100 families. The AAI provides a free asthma referral service to anyone having problems with asthma. A certified asthma educator will come to the home and provide:

- Education on asthma symptoms, attacks, and medicines.
- Ways to avoid asthma triggers.
- Help to locate asthma spacers and peak flow meters.
- Other helpful resources needed to live a healthy life.

How to schedule a free asthma referral?

- You or your child must have asthma or asthma-like symptoms.
- You or your child must live in Marion County.
- Give at least a two week notice for scheduling.
- Health care providers can refer patients to the Marion County Health Department to request the asthma referral. Fill out the needed information and fax to 317.221.3114.

The Asthma Alliance of Indianapolis is administered by the Marion County Health Department.



A COALITION SERVING
THE NEEDS OF THE
INDIANAPOLIS
COMMUNITY



Asthma Alliance of Indianapolis
www.asthmaindy.org • 317-221-2473

OUR MISSION:

The Mission of the Asthma Alliance of Indianapolis is to arm individuals affected by asthma with the knowledge and skills to improve their health and quality of life.



DEVELOPMENT

The Asthma Alliance of Indianapolis has been active since 1997 and consists of health care professionals with varied backgrounds, including pediatric medicine, nursing, respiratory therapy, social work and environmental health.

A multi-disciplinary approach to asthma education, prevention and treatment allows comprehensive support to the local community.

Request an asthma referral service today. Fill out the information and call or mail it to:

Asthma Alliance of Indianapolis

Attn: Robin Costley
3838 N. Rural Street, 3rd floor
Indianapolis, IN 46205
Phone: 317.221.2473
Fax: 317.221.3114

**Visit our website to learn more
@ www.asthmaindy.org**



COALITION GOALS

The Asthma Alliance of Indianapolis has identified the following goals:

- Implement school policies that enable children to carry asthma medications to school.
- Decrease the number of emergency room visits among children with asthma.
- Decrease school absenteeism due to asthma complications.
- Increase the use of the National Institutes of Health/Asthma Management guidelines among health care providers.
- Plan, conduct and evaluate an education campaign on the impact of the home environment on asthma management.

Services Needed

- | | |
|---|--|
| <input type="checkbox"/> Asthma Education | <input type="checkbox"/> Smoking Cessation |
| <input type="checkbox"/> Environmental Assessment | <input type="checkbox"/> Social Work |
| <input type="checkbox"/> Public Health Nurse | <input type="checkbox"/> Hoosier Healthwise (Medicaid) |
| <input type="checkbox"/> Other | |

Clients Name : _____

Date of Birth : _____

Sex : F M

Parent/Guardian : _____

Relationship : _____

Address : _____

Apt : _____

Zip : _____

Phone : _____